



IN RECOVERY & TOBACCO FREE!

Persons with mental health and substance abuse diagnoses consume 44% of all cigarettes in the U.S. and spend approximately 27% of their income on tobacco. It's time to address the inequity of tobacco-related diseases and death that exists among our clients. **What would you do if your client asked you to help them quit tobacco?**

Public Health – Seattle & King County Tobacco Prevention Program and Mental Health, Chemical Abuse & Dependency Services Division are partnering to provide tobacco treatment trainings, resources, and ongoing agency support.

Topics to be covered include:

- The importance of addressing tobacco use in treatment
- Site champion roles & responsibilities
- Addressing tobacco use with clients
- Accessing cessation resources & materials
- Using a carbon monoxide monitor as a clinical & motivational tool
- Promotion of a tobacco-free environment
- Accessing on-site assistance at your agency
- Finding additional tools & resources

To register contact:

Norilyn.delapena@kingcounty.gov

or

206.263.8170

Chinook Building
401 5th Ave. Seattle, 98104
10 a.m. – 12 p.m.

CEUs are available!!

2011 Schedule:

February 23rd, Room 4B

March 23rd, Room TBD

April 27th, Room 526

May 25th, Room 116

June 22nd, Room 116

July 27th, Room 116

August 24th, Room 116

September 28th, Room 116

October 26th, Room 116

November 9th, Room 126

December 14th, Room 126